



# Summer Checklist



**Each day before screen time (TV or games)**



Learn something: Do three pages in your workbook	
	Today I did:
Exercise something: Walking, biking, running, soccer, basketball, swim, etc.	
	Today I did:
Read something: Read two chapters of a chapter book or read for 25 minutes, whichever is longer	
	Today I did:
Pick up something: No clothes or toys left downstairs, keep room tidy	
	Today I did:
Make something: Draw, Build, Paint, Create	
	Today I did:
Help with something: Do something kind for someone else	
	Today I did:
Parent's Choice:	
	Today I did:

